

YOU'RE INVITED TO:

# DIGITAL WELLBEING!

MONDAY  
7TH JUNE

4:15 -  
5:45 PM

ON ZOOM

HI THERE! ARE YOU AGED 14-25?  
WOULD YOU LIKE TO HAVE YOUR SAY  
ABOUT ONLINE MENTAL HEALTH SUPPORT  
& TAKE PART IN SOME WELLBEING  
BOOSTING ACTIVITIES?

COME AND JOIN OUR ONLINE  
EVENT HOSTED BY THE YOUNG  
PEOPLE AT E-WELLBEING!

SIGN UP  
BELOW!



TO SIGN UP,  
CLICK HERE  
OR SCAN THIS  
QR CODE



**e-wellbeing**

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YMCA DownsLink Group